

Project Impact Sustainability Report

Building a Stronger Future Through Measurable Change

At Elevating Change Outreach (ECO), transparency and measurable outcomes are core to everything we do. Our Project Impact Sustainability Report showcases the real-world difference our programs make in the lives of youth and families across our communities.

This report represents our commitment to empowering at-risk youth, fostering mental wellness, and building resilient communities. All while remaining accountable to those who support our mission.

2024 Impact Highlights

✓ 4,706 Total Youth Served

Across public/private schools, alternative education programs, sports enrichment camps, and direct mentorship.

✓ 2,020 Individual Service Hours

Directly supporting at-risk youth with coaching, workshops, and personalized development sessions.

✓ 22% Reduction in Behavioral Issues

Students showed stronger interpersonal communication, time management, and decision-making skills.

✓ 1,000+ Students Reached

Ranging in ages 3 to 19 across 6 unique outreach settings including youth sports, GED programs, and community events.

✓ 100+ Donated Toys & Holiday Meals

Through partnerships like Phoenix Legacy Foundation, we provided joy and food security during the holidays.

Core Program Outcomes

Youth Empowerment

Through the FIT and mentoring programs, students improved in:

- Self-esteem and emotional regulation
- Social skills and peer relationships
- Financial literacy and career planning
- School engagement and GED completion

Mental Health & Healing

Using the Biko® Method, our programs addressed:

- Emotional Footprints and rogue beliefs
- Anxiety, self-doubt, and trauma recovery
- Long-term mindset shifts for well-being and success

Youth reported a reduction in stress and anxiety and a boost in self-awareness and resilience.

Project Goals & Future Objectives

As we look toward 2025, we're launching new initiatives with bold goals:

- Serve 3,500 students through NIL Financial Literacy & Resilience programming
- Expand digital access and remote mentorship opportunities
- Increase outreach via online workshops and mental health content
- Secure new partnerships to meet staffing and funding needs

Environmental, Social & Economic Impact

Social Impact

- Expanded mentorship & outreach in underserved areas
- Life-changing mental wellness outcomes through emotional healing
- Positive behavior shifts in youth facing adversity

Economic Impact

- Career readiness & financial literacy for student-athletes
- Resource equity in technology, housing, and job training
- Reduced reliance on social systems through early intervention

Environmental Considerations

While not a primary mission, ECO supports sustainability through:

- Paperless programming expansion
- Digital events and courses
- Reduced resource use in hybrid program delivery

Testimonials

“The FIT program helped me see life from a new perspective. I want to do it again!”
“It made me think more about my situation and how I can improve my lifestyle.”

Challenges & Next Steps

Despite strong outcomes, challenges remain:

- Limited staff to meet rising demand
- Increased need for mental health services post-pandemic
- Funding gaps for program expansion

Next Steps:

- Expand mentorship programs
- Increase community access to resources
- Strengthen outreach efforts across Arizona and beyond